

Wyoming Valley Striders 3rd Annual 20K Run

Race Date

November 06, 2016

Overall Finish List**20K Run Division**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	MICKEY MOORHEAD	WILKES BARRE PA	69	23	M	1 Top Fin	1:15:04	3:45/K
2	ALEX SABA	MOUNTAIN TOP PA	120	25	M	1/7 20-29	1:19:05	3:57/K
3	PAUL LEONARD	SCRANTON PA	112	54	M	1/11 50-54	1:22:51	4:09/K
4	MARKUS ANTTILA	S ABINGTON TWP	138	36	M	1/8 35-39	1:25:00	4:15/K
5	LOU GUNDERMAN	WHITE HAVEN PA	115	64	M	1/4 60-64	1:25:02	4:15/K
6	COREY PONCAVAGE	MOUNTAIN TOP PA	137	39	M	2/8 35-39	1:26:27	4:19/K
7	RANDY SHEMANSKI	DUNMORE PA	80	39	M	3/8 35-39	1:27:52	4:24/K
8	ERIC SHAVER	DALLAS PA	41	25	M	2/7 20-29	1:28:05	4:24/K
9	JOE DRUMSTA	SCRANTON PA	129	48	M	1/8 45-49	1:28:26	4:25/K
10	BILL COOK	SCRANTON PA	128	62	M	2/4 60-64	1:29:15	4:28/K
11	GEORGE WATSON	SCRANTON PA	90	30	M	1/5 30-34	1:32:16	4:37/K
12	CHRIS PAHOSKI	DICKSON CITY PA	126	44	M	1/4 40-44	1:32:45	4:38/K
13	JOE DECKER	OLYPHANT PA	104	46	M	2/8 45-49	1:33:33	4:41/K
14	STEVE BOUCHER	ZION GROVE PA	11	55	M	1/12 55-59	1:34:02	4:42/K
15	GEORGE BURGER	MOUNTAIN TOP PA	63	52	M	2/11 50-54	1:34:58	4:45/K
16	TOM PIASECKI	OLYPHANT PA	82	30	M	2/5 30-34	1:35:01	4:45/K
17	PATRICIA BUZINKAI	KINGSTON PA	113	41	F	1 Top Fin	1:35:11	4:46/K
18	BRIAN HILBURT	DALLAS PA	97	38	M	4/8 35-39	1:35:15	4:46/K
19	KENNETH CASTANZO	DUNMORE PA	31	52	M	3/11 50-54	1:36:19	4:49/K
20	LEO TURISSINI	SCOTT TWP PA	92	64	M	3/4 60-64	1:37:25	4:52/K
21	GEORGE DUNBAR JR	OLD FORGE PA	127	53	M	4/11 50-54	1:37:51	4:54/K
22	VICTORIA BLAZICK	TRUCKSVILLE PA	65	35	F	1/8 35-39	1:38:15	4:55/K
23	PAMELA ULICNY	VALLEY VIEW PA	32	47	F	1/12 45-49	1:38:34	4:56/K
24	CHRISTAL ZERMANE	AVOCA PA	77	37	F	2/8 35-39	1:38:57	4:57/K
25	ROCK WARNAGIRIS	HUNLOCK CREEK	111	57	M	2/12 55-59	1:39:21	4:58/K
26	MELISSA OBMANN	MOUNTAIN TOP PA	133	43	F	1/10 40-44	1:39:52	5:00/K
27	ROBERT CICCI	PECKVILLE PA	123	35	M	5/8 35-39	1:39:59	5:00/K
28	BILL FIORE	CLARKS GREEN PA	28	65	M	1/5 65-99	1:40:49	5:02/K
29	MICHAEL LEGATH	WHITE HAVEN PA	43	24	M	3/7 20-29	1:40:59	5:03/K
30	KRISTIN BUCHHOLZ	MOUNTAIN TOP PA	118	33	F	1/11 30-34	1:41:07	5:03/K
31	DEANA MANZONI	DALLAS PA	73	48	F	2/12 45-49	1:41:51	5:06/K
32	BRENDA SHARP	SHAVERTOWN PA	122	33	F	2/11 30-34	1:42:07	5:06/K
33	BRENDA LOGAN	BLOOMSBURG PA	33	49	F	3/12 45-49	1:42:45	5:08/K
34	MELISSA DELFINO	DUNMORE PA	72	47	F	4/12 45-49	1:42:58	5:09/K
35	JACKIE KEARN	NANTICOKE PA	58	40	F	2/10 40-44	1:43:59	5:12/K
36	CHRIS ROBERTS	SHAVERTOWN PA	30	42	M	2/4 40-44	1:44:11	5:13/K
37	MICHAEL RAWLS	MOUNTAIN TOP PA	106	58	M	3/12 55-59	1:44:28	5:13/K
38	NOELLE BROUILLARD	SCRANTON PA	12	25	F	1/7 20-29	1:44:41	5:14/K
39	KAREN MOSKEL	KINGSTON PA	6	38	F	3/8 35-39	1:45:43	5:17/K
40	MARJORIE ADAMS	DALLAS PA	135	57	F	1/4 55-59	1:45:58	5:18/K
41	ROB LEGATH	WHITE HAVEN PA	42	54	M	5/11 50-54	1:46:22	5:19/K
42	LARRY ALLES	MOUNTAIN TOP PA	70	52	M	6/11 50-54	1:46:48	5:20/K
43	LOREEN ROMANIA	PAXINOS PA	49	47	F	5/12 45-49	1:46:50	5:21/K
44	KEVIN MORAN	HARVEYS LAKE PA	96	56	M	4/12 55-59	1:47:15	5:22/K
45	TONY CERMINARO	JERMYN PA	94	80	M	2/5 65-99	1:47:44	5:23/K
46	ED ZULKOSKI	MOUNTAIN TOP PA	66	59	M	5/12 55-59	1:47:44	5:23/K
47	RON LOZOWSKI	WARREN GLEN NJ	131	47	M	3/8 45-49	1:48:29	5:25/K

Wyoming Valley Striders 3rd Annual 20K Run

Race Date

November 06, 2016

Overall Finish List**20K Run Division**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	JOE DUTKO	MOUNTAIN TOP PA	78	70	M	3/5 65-99	1:48:36	5:26/K
49	SCOTT EDWARDS	SCRANTON PA	5	28	M	4/7 20-29	1:48:48	5:26/K
50	PATTI TURISSINI	SCOTT TWP PA	93	64	F	1/2 60-99	1:48:53	5:27/K
51	RYAN WENRICH	WYOMING PA	88	27	M	5/7 20-29	1:50:15	5:31/K
52	JOHN WOLFERSBERGER	PHILADELPHIA PA	36	39	M	6/8 35-39	1:50:43	5:32/K
53	DONALD HART	WEST WYOMING	81	52	M	7/11 50-54	1:51:17	5:34/K
54	BILL ELLSWORTH	EDWARDSVILLE PA	136	57	M	6/12 55-59	1:51:25	5:34/K
55	SHERRY HARVEY	JERMYN PA	56	46	F	6/12 45-49	1:52:49	5:38/K
56	WILLIAM ZAROLA	DALLAS PA	51	52	M	8/11 50-54	1:53:28	5:40/K
57	HEIDI STREDNY	TRUCKSVILLE PA	121	34	F	3/11 30-34	1:53:35	5:41/K
58	RICHARD HUGHES	MOUNTAIN TOP PA	68	55	M	7/12 55-59	1:53:38	5:41/K
59	PRESTON ALLEN	WESTON PA	130	27	M	6/7 20-29	1:53:46	5:41/K
60	JACK MORAN	SOUTH ABINGTON	114	56	M	8/12 55-59	1:54:47	5:44/K
61	TRACI STRUNGIS	MOUNTAINTOP PA	86	47	F	7/12 45-49	1:54:51	5:45/K
62	AMY FELDMAN	SHAVERTOWN PA	18	35	F	4/8 35-39	1:55:10	5:46/K
63	ZACHARY RITZ	OREFIELD PA	29	32	M	3/5 30-34	1:55:25	5:46/K
64	GRETCHEN SWARTWOOD	NANTICOKE PA	110	31	F	4/11 30-34	1:55:38	5:47/K
65	RACHEL CAUSAK	LEBANON PA	45	42	F	3/10 40-44	1:56:07	5:48/K
66	ELLEN MEEHAN	WILKES BARRE PA	109	31	F	5/11 30-34	1:57:07	5:51/K
67	VIRGINIA TREVETHAN	SHAVERTOWN PA	74	35	F	5/8 35-39	1:57:09	5:51/K
68	BEVERLY TOMASAK	EDWARDSVILLE PA	85	64	F	2/2 60-99	1:58:18	5:55/K
69	KELLY ALFANO	KINGSTON PA	108	33	F	6/11 30-34	1:58:47	5:56/K
70	JACK LEE	MOUNTAIN TOP PA	67	54	M	9/11 50-54	1:58:52	5:57/K
71	BRENDA CASSARO	CARBONDALE PA	84	49	F	8/12 45-49	1:59:03	5:57/K
72	JILL SNOWDON	DALLAS PA	52	40	F	4/10 40-44	1:59:47	5:59/K
73	THOMAS POWELL SR	PITTSTON PA	14	48	M	4/8 45-49	2:00:14	6:01/K
74	NICOLE GIACOMETTI	OLD FORGE PA	76	25	F	2/7 20-29	2:00:19	6:01/K
75	ANDREW BEIDLER	SCRANTON PA	116	49	M	5/8 45-49	2:00:19	6:01/K
76	KATE ELLIOTT	SCRANTON PA	79	41	F	5/10 40-44	2:00:40	6:02/K
77	STEVE MIHAL	WEATHERLY PA	25	34	M	4/5 30-34	2:00:48	6:02/K
78	STEPHEN FENSKE	SHAVERTOWN PA	53	53	M	10/11 50-54	2:01:03	6:03/K
79	THERESA STOOK	MOUNTAIN TOP PA	22	43	F	6/10 40-44	2:01:31	6:05/K
80	RUISI WANG	PARSIPPANY NJ	27	26	F	3/7 20-29	2:01:38	6:05/K
81	LOU MATTIOLI	SUGARLOAF PA	9	38	M	7/8 35-39	2:01:39	6:05/K
82	COURTNEY MULLEN	PHILADELPHIA PA	24	30	F	7/11 30-34	2:01:55	6:06/K
83	HILARY BLAKE	CLARKS SUMMIT	15	38	F	6/8 35-39	2:02:38	6:08/K
84	LAUREN POLLMAN	NANTICOKE PA	54	34	F	8/11 30-34	2:02:44	6:08/K
85	LAURIE CHIUMENTO	WILKES BARRE PA	71	57	F	2/4 55-59	2:03:00	6:09/K
86	THOMAS GRANOSKI	HUNLOCK CREEK	61	48	M	6/8 45-49	2:03:10	6:10/K
87	PATTI POTOMIS	HUNLOCK CREEK	60	49	F	9/12 45-49	2:03:11	6:10/K
88	KIMBERLY KONNICK	DALLAS PA	37	26	F	4/7 20-29	2:03:23	6:10/K
89	HOLLI NAUMAN	HAMBURG PA	38	50	F	1/3 50-54	2:03:31	6:11/K
90	JASON CESARI	WHITE HAVEN PA	16	45	M	7/8 45-49	2:03:31	6:11/K
91	GEORGE NICHOLLS	MOUNTAIN TOP PA	62	69	M	4/5 65-99	2:04:05	6:12/K
92	STACEY MEARS	DRUMS PA	95	36	F	7/8 35-39	2:04:39	6:14/K
93	KATIE LYKON	LARKSVILLE PA	2	30	F	9/11 30-34	2:04:49	6:14/K
94	JILL SCHOEPFLIN	BLOOMSBURG PA	46	48	F	10/12 45-49	2:04:50	6:15/K

Overall Finish List**20K Run Division**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	PAULA POWELL	PITTSTON PA	13	46	F	11/12 45-49	2:05:15	6:16/K
96	CASSANDRA KLOCEK	DRUMS PA	48	24	F	5/7 20-29	2:07:56	6:24/K
97	BRIAN BROWN	LEWISBURG PA	64	42	M	3/4 40-44	2:10:11	6:31/K
98	JOSEPH SOPRANO	HANOVER TWP. PA	21	50	M	11/11 50-54	2:10:50	6:33/K
99	DEREK CANALES	FREELAND PA	10	35	M	8/8 35-39	2:10:59	6:33/K
100	LEA CLARK	HUDSON PA	132	40	F	7/10 40-44	2:12:08	6:36/K
101	LEAH HOLLAND	CONYNGHAM PA	134	37	F	8/8 35-39	2:18:10	6:55/K
102	HENRY WOLFE	WILKES BARRE PA	34	57	M	9/12 55-59	2:18:51	6:57/K
103	SANDY MORAN	LEHIGHTON PA	124	41	F	8/10 40-44	2:19:31	6:59/K
104	JULIE BURKHARDT	MOUNTAIN TOP PA	107	43	F	9/10 40-44	2:19:51	7:00/K
105	KATE GALINUS	LANSDALE PA	101	59	F	3/4 55-59	2:21:07	7:03/K
106	CHIP TAYLOR	SCRANTON PA	102	57	M	10/12 55-59	2:21:21	7:04/K
107	FRED KRESSLER	BLOOMSBURG PA	47	69	M	5/5 65-99	2:21:22	7:04/K
108	MARA SULLIN	FREELAND PA	8	31	F	10/11 30-34	2:21:40	7:05/K
109	BRADLEY DRAGO	FORTY FORT PA	40	31	M	5/5 30-34	2:21:46	7:05/K
110	STACEY UNVARSKY	WILKES BARRE PA	100	44	F	10/10 40-44	2:21:46	7:05/K
111	JAMES BILLINGSLEY	DURYEA PA	59	43	M	4/4 40-44	2:23:11	7:10/K
112	LISA WOODWORTH	WILKES BARRE PA	75	51	F	2/3 50-54	2:23:25	7:10/K
113	DENNIS WOLFE	WILLIAMSPORT PA	35	64	M	4/4 60-64	2:27:24	7:22/K
114	SANDRA ORRSON	SHAVERTOWN PA	39	53	F	3/3 50-54	2:28:49	7:26/K
115	BARB RUPERT	SHICKSHINNY PA	4	59	F	4/4 55-59	2:28:50	7:27/K
116	REBECCA FRANCO	WEST PITTSTON PA	50	30	F	11/11 30-34	2:35:23	7:46/K
117	BETSY HUHN	FALLS PA	55	46	F	12/12 45-49	2:35:24	7:46/K
118	MEGHAN CAREY	KINGSTON PA	3	27	F	6/7 20-29	2:36:36	7:50/K
119	DOUGLAS VANSTON	OLD FORGE PA	117	26	M	7/7 20-29	2:36:43	7:50/K
120	NIKITA KOLBECK	WYOMING PA	87	27	F	7/7 20-29	2:36:59	7:51/K
121	PATRICK L SHIELDS	DRUMS PA	125	56	M	11/12 55-59	2:44:12	8:13/K
122	PAUL COVERT	MADISON TWP PA	17	57	M	12/12 55-59	3:02:39	9:08/K
123	BOB MCHUGH	ARCHBALD PA	98	48	M	8/8 45-49	3:10:21	9:31/K